

Extended Certification in Mental Health: Individuals and Society AAQ													
		Term1				Term2				Term3			
		Term 1.1		Term 1.2		Term 2.1		Term 2.2		Term 3.1		Term 3.2	
12	Theme	F400 Fundamentals of mental health and the individual	F402 Supporting and promoting mental health and wellbeing in organisations	F400 Fundamentals of mental health and the individual	F402 Supporting and promoting mental health and wellbeing in organisations	F400 Fundamentals of mental health and the individual	F402 Supporting and promoting mental health and wellbeing in organisations	F400 Fundamentals of mental health and the individual	F402 Supporting and promoting mental health and wellbeing in organisations	F400 Fundamentals of mental health and the individual	F401: Mental health, wellbeing and society	F403: Community-based support for mental health and wellbeing	F401: Mental health, wellbeing and society
	Concept												
	Skills Knowledge	Topic Area 1: Introducing mental health and wellbeing Topic Area 2: The brain and body	Topic Area 1: Mental health, wellbeing and the workforce	Topic Area 2: The brain and body CONTUNED Topic Area 3: Factors influencing mental health and wellbeing	Topic Area 2: Influencing the mental health and wellbeing of a workforce	Topic Area 3: Factors influencing mental health and wellbeing CONTINUED	Topic Area 2: Influencing the mental health and wellbeing of a workforce CONTINUED Topic Area 3: Planning an effective mental health and wellbeing campaign	Topic Area 4: Models of mental health Topic Area 5: Mental health issues and disorders	Topic Area 3: Planning an effective mental health and wellbeing campaign CONTINUED	Topic Area 6: Strategies for managing mental health and wellbeing Revision External exam – May 2027	Topic Area 1: Evolving perceptions of mental health in society	Topic Area 1: Social connectedness	Topic Area 2: Societal developments and mental health
	Wider Curriculum												
13	Theme	F403: Community-based support for mental health and wellbeing	F401: Mental health, wellbeing and society	F403: Community-based support for mental health and wellbeing	F401: Mental health, wellbeing and society	F404: Supporting mental health and wellbeing with physical activity		F404: Supporting mental health and wellbeing with physical activity					
	Concept												
	Skills Knowledge	Topic Area 2: Social prescribing and community-based support	Topic Area 2: Societal developments and mental health CONTINUED Topic Area 3: Society today NEA External Moderation Window	Topic Area 3: Supporting individual needs through social prescribing and community based support	Topic Area 4: Current influences on the mental health and wellbeing of society Revision External exam – January 2028 Resit exams – January 2028	Topic Area 1: Impact of physical activity on mental health and wellbeing Topic Area 2: Planning physical activities for mental health and wellbeing		Topic Area 3: Supporting physical activity participation and engagement		NEA External Moderation Window Resit exams – May 2028		Mental Health: Individuals and society course completed.	
	Wider Curriculum												