

Curriculum Design Key Stage 5 2026-27

Extended Certification in Health and Social Care AAQ

		Term1				Term2				Term3		
		Term 1.1		Term 1.2		Term 2.1		Term 2.2		Term 3.1		Term 3.2
12	Theme	UNIT 2: HUMAN BIOLOGY AND HEALTH	UNIT 3: PRINCIPLES OF HEALTH AND SOCIAL CARE PRACTICE	UNIT 2: HUMAN BIOLOGY AND HEALTH	UNIT 3: PRINCIPLES OF HEALTH AND SOCIAL CARE PRACTICE	UNIT 2: HUMAN BIOLOGY AND HEALTH	UNIT 3: PRINCIPLES OF HEALTH AND SOCIAL CARE PRACTICE	UNIT 2: HUMAN BIOLOGY AND HEALTH	UNIT 3: PRINCIPLES OF HEALTH AND SOCIAL CARE PRACTICE	UNIT 2: HUMAN BIOLOGY AND HEALTH	Unit 3: Principles of Health and Social Care Practice	UNIT 7: HEALTH SCIENCE
	Concept											
	Skills Knowledge	A: Organisation of the human body - A1 Cells - A2 Tissues - A3 Energy in the body - A4 Homeostatic mechanisms B: Body systems - B1 The cardiovascular system	Learning aim A: - A1 Values essential to health and social care practice - A2 Person-centred care and approaches A3 - A3 Communication in health and social care - A4 Confidentiality	- B2 The respiratory system - B3 The nervous system - B4 The endocrine and renal systems - B5 The musculoskeletal system	- A5 Duty of care - A6 Working with vulnerable children and adults at risk	B: Body systems - B6 The function of further body systems C: Disorders of the body and effect on body systems - Coronary heart disease - Stroke - COPD - Asthma - Diabetes	Learning aim B: - B1 Organisations, legislation and guidance affecting health and social care services B2 - B2 Organisation of health and social care services	C: Disorders of the body and effect on body systems - Dementia - Brain injury - Cancer Revision for the Unit 2 Exam May	- B3 How health and social care services are organised to benefit the population - B4 Using critical thinking skills to draw valid conclusions	Revision for the Unit 2 Exam in May	Learning aim C: - C1 The effect of social determinants on individuals' health status - C2 Improving health outcomes in practice - C3 Potential barriers to improving health outcomes n practice	Learning aim A: Understand the concepts of microbiology relevant to health science - A1 Structure and reproduction of microorganisms - A2 Environmental conditions for the growth of microorganisms - A3 Methods of controlling
	Wider Curriculum											
13	Theme	UNIT 1: HUMAN LIFESPAN AND DEVELOPMENT	UNIT 7: HEALTH SCIENCE	UNIT 1: HUMAN LIFESPAN AND DEVELOPMENT	UNIT 7: HEALTH SCIENCE	UNIT 1: HUMAN LIFESPAN AND DEVELOPMENT	UNIT 7: HEALTH SCIENCE					
	Concept											
	Skills Knowledge	A: Human growth and development through the life stages - A1 Physical, Intellectual, Emotional and Social development at each life stage.	Learning aim B: Examine the cause and spread of disease in humans Methods of non-specific defence used by the human body - B1 Methods of non-specific defence used by the human body - B2 Role of the immune system as a defence against infection - B3 Transmission routes - B4 Types of infectious disease - B5 The cause and spread of blood infections	B: Factors affecting human growth and development across each life stage - B1 Genetic factors - B2 Lifestyle factors - B3 Health inequalities	Learning aim C: Understand the factors that can influence the development of diseases and infections - C1 Nutritional deficiency diseases - C2 Chronic dietary disease - C3 Diseases due to environmental factors - C2 Health and social care promotion and prevention	C: Health and social care promotion, prevention and treatment at different life stages - C1 Prevalent health conditions - C2 Health and social care promotion and prevention	Learning aim D: Investigate the impact of diseases and their treatment in a global context - D1 Epidemiology - D2 Factors in controlling a global disease outbreak - D3 Consequences to society of a disease outbreak	- C3 Health and social care professionals - C4 Personalised care and multi-disciplinary working	Revision for the Unit 1 Exam May	Course Completed		



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