

## Curriculum Design 2023-24

Personal Development							
		Term1		Term2		Term3	
		Term 1.1	Term 1.2	Term 2.1	Term 2.2	Term 3.1	Term 3.2
7	Theme	Good Citizens 1	Staying Safe 1/ Careers & Finance 1	Respectful Relationships 1/ Staying Healthy 1	Staying Healthy 1/ Good Citizens 2	Respectful Relationships 2/ Staying Safe 2	Careers & Finance 2/ Staying Healthy 2
	Concept	Citizenship	Safety/ Finance	Relationships	Health/ Mental Health/ Citizenship	Relationships / Safety	Careers/ Health
	Skills Knowledge	<ol style="list-style-type: none"> <li>1. What is PD?</li> <li>2. British Values</li> <li>3. Democracy</li> <li>4. Diversity</li> <li>5. Just Like Us</li> <li>6. White Privilege</li> <li>7. Road Safety</li> </ol>	<ol style="list-style-type: none"> <li>1. Fireworks Safety</li> <li>2. Online Bullying</li> <li>3. Online Contact</li> <li>4. Screenshot and Wellbeing</li> <li>5. Budgeting</li> <li>6. Future of Money</li> <li>7. Savings</li> </ol>	<ol style="list-style-type: none"> <li>1. Identity</li> <li>2. Bullying</li> <li>3. Friendships</li> <li>4. Everyday Consent</li> <li>5. Metacognition</li> <li>6. Emotions</li> </ol>	<ol style="list-style-type: none"> <li>1. Poor and Good Mental Health</li> <li>2. Mindfulness</li> <li>3. STEM Citizenship Challenge 1</li> <li>4. STEM Citizenship Challenge 2</li> <li>5. Families</li> </ol>	<ol style="list-style-type: none"> <li>1. Marriage Breakdown</li> <li>2. Staying Safe</li> <li>3. Sexual Harassment</li> <li>4. County Lines</li> <li>5. Smoking and Vaping</li> <li>6. Alcohol</li> <li>7. Water Safety</li> </ol>	<ol style="list-style-type: none"> <li>1. Careers Profile</li> <li>2. Careers Skills</li> <li>3. AHEAD Speed Networking</li> <li>4. Healthy Eating</li> <li>5. Sleep</li> <li>6. Vaccines</li> <li>7. Dental Health</li> </ol>
	Wider Curriculum	Parliament Week -Diversity Week-BHM-Pride Month-South Asian Heritage Month-HMD- Refugees week	My Money Week Safer Internet Day	Anti Bullying Week RSE Day	STEM assembly	Careers Week Healthy Eating Week	
8	Theme	Respectful Relationships 1 / Staying Safe 1	Staying Healthy 1/ Careers & Finance 1	Respectful Relationships 2/ Good Citizens 1	Good Citizens	Good Citizens/ Staying Safe 2	Staying Healthy 1/ Careers & Finance 2
	Concept	Relationships/ Safety	Health/ Finances	Relationships/ Citizenship	Citizenship	Citizenship/ Safety	Health/ Careers
	Skills Knowledge	<ol style="list-style-type: none"> <li>1. Intro Lesson</li> <li>2. Gender Stereotypes</li> <li>3. Staying Safe</li> <li>4. Consent: Avoiding Assumptions</li> <li>5. Cyber Bullying</li> <li>6. Online Stress</li> <li>7. Online Body Image</li> </ol>	<ol style="list-style-type: none"> <li>1. Fireworks Safety</li> <li>2. Hygiene</li> <li>3. Healthy Eating</li> <li>4. First Aid</li> <li>5. Managing Emotions</li> <li>6. My Money Personality</li> <li>7. Bank Accounts</li> </ol>	<ol style="list-style-type: none"> <li>1. Financial Dilemmas</li> <li>2. Anti Bullying</li> <li>3. Puberty 1</li> <li>4. Puberty 2</li> <li>5. Gender Identity</li> <li>6. Parliament</li> </ol>	<ol style="list-style-type: none"> <li>1. Voting &amp; Elections</li> <li>2. Local Government</li> <li>3. STEM Citizenship Challenge 1</li> <li>4. STEM Citizenship Challenge 2</li> <li>5. Belonging</li> </ol>	<ol style="list-style-type: none"> <li>1. Law</li> <li>2. Crime</li> <li>3. Knife Crime</li> <li>4. What is Gambling?</li> <li>5. Drugs &amp; their effects</li> <li>6. Alcohol Abuse</li> <li>7. Body Image</li> </ol>	<ol style="list-style-type: none"> <li>1. Sun Health</li> <li>2. Anxiety</li> <li>3. Male Mental Health</li> <li>4. Coping with Bereavement</li> <li>5. Behaviour for Work</li> <li>6. AHEAD event</li> <li>7. Exploring Job Sectors</li> </ol>
	Wider Curriculum	Pride month RSE Day Safer Internet Day	Healthy Eating Week My Money Week	Menstrual Hygiene Day Parliament Week RSE Day-Pride month Anti Bullying Week	Parliament Week STEM assembly- STEM week- Refugees Week	Positive Choices Day	Mental Health Week National Careers Week
9	Theme	Good Citizens 1/ Staying Safe 1	Staying Healthy 1/ Careers & Finance 1	Careers & Finance 1/ Respectful Relationships 1	Staying Healthy 2/ Good Citizens 2	Staying Safe 2/ Careers & Finance 2	Respectful Relationships 2
	Concept	Citizenship/ Safety	Health/ Finance	Careers/ Relationships	Health/ Citizenship	Safety/ Finances	Relationships
	Skills Knowledge	<ol style="list-style-type: none"> <li>1. Intro Lesson</li> <li>2. Law &amp; Liberty</li> <li>3. Tolerance</li> <li>4. Charity</li> <li>5. Online Communication</li> <li>6. Thinking Critically</li> <li>7. Online Privacy</li> </ol>	<ol style="list-style-type: none"> <li>1. Fireworks Safety</li> <li>2. Social Anxiety</li> <li>3. Eating Disorders</li> <li>4. Depression</li> <li>5. Career Stereotypes</li> <li>6. Career Pathways</li> <li>7. Career Plans</li> </ol>	<ol style="list-style-type: none"> <li>1. Options L1</li> <li>2. Options L2</li> <li>3. AHEAD Careers Event</li> <li>4. Anti Bullying</li> <li>5. Freedom &amp; Capacity to Consent</li> <li>6. LGBT Representation</li> </ol>	<ol style="list-style-type: none"> <li>1. Sleep Hygiene</li> <li>2. Illness &amp; Lifestyle</li> <li>3. Self Checking</li> <li>4. STEM Citizenship Challenge 1</li> <li>5. STEM Citizenship Challenge 2</li> </ol>	<ol style="list-style-type: none"> <li>1. Gangs</li> <li>2. Smoking&amp; Vaping: Peer Pressure</li> <li>3. Gambling: Managing Impulses &amp; Influences</li> <li>4. Drugs: The Law &amp; Managing Risk</li> <li>5. Alcohol &amp; It's effects</li> <li>6. Borrowing Money</li> <li>7. Money &amp; Work</li> </ol>	<ol style="list-style-type: none"> <li>1. Staying in control of your finances</li> <li>2. Love is...</li> <li>3. Commitment</li> <li>4. Building Blocks</li> <li>5. Contraception 1</li> <li>6. Contraception 2</li> <li>7. Prison Me No Way</li> </ol>
	Wider Curriculum	Parliament Week-Xmas Jumper Day-Diversity Week- Pride Month- BHM-	National Careers Week- Options-Careers Fair- Options Assembly -	Anti bullying week- RSE Day- Pride Month	STEM assembly-	Prison Me No Way- My Money Week	RSE Day, Sexual Health Week, Pride Month

		HMD-Safer Internet Day- Interfaith week	Options Evening- Mental Health week				
10	Theme	Careers & Finance 1/ Respectful Relationships 1	Respectful Relationships 1/ Staying Safe 1	Staying Healthy 1/ Careers & Finance 2	Good Citizens 1	Respectful Relationships 2/ Staying Healthy 2	Staying Safe 2/ Good Citizens 2
	Concept	Finances/ Relationships	Relationships / Safety	Healthy/ Careers	Citizenship	Relationships/ Health	Safety/ Citizenship
	Skills Knowledge	<ol style="list-style-type: none"> <li>Intro Lesson</li> <li>Consumer Rights</li> <li>Understanding Debt</li> <li>Insurance</li> <li>Consent: the Role of Intimacy &amp; Pleasure</li> <li>Coercive Control</li> <li>Sexual Bullying</li> </ol>	<ol style="list-style-type: none"> <li>Pornography</li> <li>LGBT Challenges</li> <li>Online Identity &amp; Body Image</li> <li>Social Media &amp; Wellbeing</li> <li>Copyright Laws</li> <li>Hope not Hate</li> <li>Gambling Addiction</li> </ol>	<ol style="list-style-type: none"> <li>Blood Donation</li> <li>CPR&amp; Defibrillators</li> <li>Accessing the NHS</li> <li>Self Harm</li> <li>Career Goals</li> <li>Interview Skills</li> </ol>	<ol style="list-style-type: none"> <li>AHEAD Employ Me Bootcamp</li> <li>Intro to Statutory RS</li> <li>How are Quakers Distinctive?</li> <li>Can you believe in God today?</li> <li>What is truth &amp; Spirituality?</li> </ol>	<ol style="list-style-type: none"> <li>Sexual Health</li> <li>Pregnancy</li> <li>Miscarriage &amp; Baby Loss</li> <li>Screen time</li> <li>Coping Strategies</li> <li>Aspiration</li> <li>Study Skills</li> </ol>	<ol style="list-style-type: none"> <li>Drugs: How to get help in an emergency</li> <li>Smoking Cessation</li> <li>Alcoholism</li> <li>How do People work for Peace?</li> <li>What are Human Rights?</li> <li>Free Press</li> <li>United Nations</li> </ol>
Wider Curriculum	RSE Day- Pride Month- My Money Week	Safer Internet Day	Mental Health Week- National Careers Week	Interfaith Week- RS Assemblies	Sexual Health Week	Parliament Week	
11	Theme	Careers & Finance	Good Citizens	Respectful Relationships	Staying Safe	Staying Healthy	
	Concept	Careers & Finance	Citizenship	Relationships	Safety	Health	
	Skills Knowledge	<ol style="list-style-type: none"> <li>Intro Lesson</li> <li>CVs</li> <li>After Y11 HE</li> <li>Transferable Skills</li> <li>Financial Survival Skills</li> <li>Student Loans</li> <li>Pensions</li> </ol>	<ol style="list-style-type: none"> <li>Mortgages</li> <li>What is Religion &amp; do we need it?</li> <li>How do believers make moral choices?</li> <li>Can beliefs ever justify violent extremism?</li> <li>How is diversity evident in Islam &amp; Christianity?</li> <li>How can we make the world a fairer place?</li> <li>Is there a connection between religion &amp; state?</li> </ol>	<ol style="list-style-type: none"> <li>How do different religions coexist?</li> <li>Volunteering and Social Action</li> <li>Consent: pressure, Persuasion &amp; Coercion</li> <li>Managing Breakups</li> <li>Relationship Abuse</li> <li>Fertility</li> </ol>	<ol style="list-style-type: none"> <li>Parenting Skills</li> <li>DSM Drugs Talk</li> <li>Sending Nudes</li> <li>Misinformation</li> <li>Personal Safety</li> </ol>	<ol style="list-style-type: none"> <li>Aging</li> <li>Cancer Prevention</li> <li>Piercings, Sunbeds &amp; Tattoos</li> <li>Aspiration</li> <li>Motivation</li> <li>Revision Techniques 1</li> <li>Revision Techniques 2</li> </ol>	
Wider Curriculum	My Money Week- National Careers Week	Interfaith Week- RS Assemblies- Parliament Week	RSE Day Sexual Health Week				